



East Ridge Elementary

Home of the Suns!

Sarah White, Principal
swhite@nsd.org

Rae Anne Jordan, Office Manager
Rae Shepherd, Secretary

22150 NE 156th Place
Woodinville, WA 98077
Office 425.408.4400
www.nsd.org/eastridge

September 19th, 2017
Vol. 2, # 2

Safe Arrival Line 425.408.4410

Each month, students will have an opportunity to learn different traits. These traits will be discussed in their classrooms and reviewed as needed on the playground.

Trait for September – **Empathy** - *Feeling how another person is feeling and imagining what it would be like to be in another's position. You have empathy when you feel someone's feelings with your own heart.*

Teaching Empathy:

1. Watch and listen
2. Remember when you felt that way
3. Imagine how you would feel
4. Ask how the person is feeling
5. Show you care

Ask your student what they've learned about empathy this month.

CURRICULUM NIGHTS - We strongly urge you to plan to attend East Ridge Curriculum Night in your child's classroom. This is a time for you to meet your child's teacher, to gain information regarding your child's classroom, and also to ask pertinent questions. Please note the schedule below:

K	9/19, 5:30 pm
1 st Grade	9/19, 5:30 pm
4 th Grade	9/19, 6:45 pm
Please join Principal White and our PTA in the gym from 6:25-6:40 pm.	
We will be sharing important updates about our school.	

Picture Day

Picture day is this Thursday, Sept. 21st. Picture forms were sent home on Friday, Sept. 8th, and they are also available in the East Ridge Office. Pre-orders for picture packages may now be placed online at: <https://ios.mydorian.com> using access key of **ASBQEZED**. Online preorders are available up to 4 days after picture day.



SEPTEMBER

- 9/18 Beginning Band/Orchestra Info Night, 7:00 pm, NSJH
 9/19 Cross Country Practice 3:45 – 4:30 pm
 Curriculum Night:
 Kindergarten: 5:30 pm
 1st Grade: 5:30 pm
 4th Grade: 6:45 pm
 9/20 **Early Release Wednesday, 2:10 pm**
 9/21 Picture Day!
 Cross Country Practice 3:45 – 4:30 pm
 9/22 PTA Sports Spectacular, 3rd – 5th, 3:45 – 4:45, Blacktop Area

 9/25 PTA Game Design & Coding Class, 3rd – 5th Grade, 3:40 – 5:10 pm, Room 15
 9/26 Science Center Assembly 9:30 am
 Cross Country Meet @ **East Ridge**, 4:45 – 6:00 pm
 9/27 **Early Release Wednesday, 2:10 pm**
 PTA Earth Club Work Party, 2:15 - 4:30 pm
 PTA Visual Arts, Grades 1-5, 2:15 – 3:45 pm
 PTA Little Coders Class 2:15 – 3:15 pm, Room 13
 PTA Sports Spectacular, K-2nd, 2:15 – 3:15 pm, Blacktop Area
 PTA Auction Meeting, 7:00 pm, Library
 9/28 Cross Country Practice 3:45 – 4:30 pm
 9/29 PTA Sports Spectacular, 3rd – 5th, 3:45 – 4:45, Blacktop Area
 PTA Fall Festival, 5:00 – 7:00 pm
 5th Grade Field Trip, Salmon Hatchery

October

- 10/2 First Day Beginning Band
 PTA Game Design & Coding Class, 3rd – 5th Grade, 3:40 – 5:10 pm, Room 15
 10/3 First Day Beginning Strings
 PTA Board Meeting 9:10-10:30 am
 Cross Country Meet @ **Sunrise**, 4:45 – 5:45 pm
 10/4 **Early Release Wednesday, 2:10 pm**
 PTA Visual Arts, Grades 1-5, 2:15 – 3:45 pm
 PTA Little Coders Class 2:15 – 3:15 pm, Room 13
 PTA Sports Spectacular, K-2nd, 2:15 – 3:15 pm, Blacktop Area

Take a walk around campus to see all the amazing transformations that took place this summer! Carmen and Tammy spent many hours pressure washing and working to help get classrooms moved!

Thank You Carmen & Tammy!



Urgent Need!

The Health Room has an urgent need for clean, gently used clothes (especially pants without buttons or zippers) in smaller sizes 4-6. Thanks for your help!



Save the Date!!

The East Ridge Veteran Assembly is to be held on Thursday, November 9th at 2:20 pm in the gym. Families are encouraged to invite Veteran friends and family members to attend. Note: as part of the assembly, the fifth graders will be performing on stage so parents will want to be sure to join us. More information coming home this week.





Neighborhood Safety

Please do not block sidewalks, walkways or intersections in the neighborhood. It is a safety issue as our children are instructed to stay on designated paths. The photo to the left shows a designated walkway. Please do not park there. We also ask that you are aware of your speed as you travel our neighborhood.

Thanks for keeping our East Ridge neighborhood safe!

BREAKFAST AT EAST RIDGE – Breakfast is offered from 8:50 – 9:05 am in the gym for \$1.75.



Band/Strings

Second Year Strings

Second Year Strings (5th grade) will begin on Monday, [September 11th](#). Classes are held at Timbercrest Middle School beginning at 8:10. All students will be transported to East Ridge to begin the school day. For more information and registration please go to the NSD website: <https://www.nsd.org/Page/7560>

Beginning Band/Strings

Interested in learning to play an instrument? We are registering students for the 2017-18 beginning band (5th grade) and beginning strings (4th grade) classes. There will be a district wide informational meeting in the Northshore Junior High Gym on [September 18th](#) at 7pm. At the meeting, you can learn about the program, meet the teachers, hear a demonstration and register for the class. (Note: There is NO CHARGE for this class!) Please visit the NSD website for more information and registration: <https://www.nsd.org/Page/7560>

HELPFUL LINKS

Sign up for the East Ridge PTA Facebook page: East Ridge Elementary PTA News Lunch Menus – NOW ONLINE: <http://www.nsd.org/Page/13772>

Please note that this is the time of year when bears are often spotted in the area. For this reason, East Ridge will no longer issue phone calls to families when there is a bear reported in our area, and we will not change dismissal plans for students. While it's unlikely that your child will encounter a bear, you may wish to discuss this with your child. The Washington State Department of Fish and Wildlife offers a number of resources online at <http://wdfw.wa.gov/living/bears.html>

Nurses Corner

Welcome to School for 2017-2018

Here is some Health Room information.

We have already had some students out with colds and flus so here is a reminder for parents.

1. If students have had a fever, they should not come to school until they have been without a fever for 24 hours, without the use of Tylenol or Ibuprofen.
2. If students have thrown up they cannot return to school until having 24 hours without throwing up.
3. Reminder about medicines at school: All medicines (prescribed and over the counter) need an MD order. If your child normally just takes meds at home (like inhalers) and they need to get it at school or increase how often to get at school, a new MD order is needed for us to be able to give the medication. You can always call the Health Room or office to get the Medication Authorization form.
4. Cough drops, throat lozenges and lip balm/chapstick are considered medications and need an MD order.
5. Remember, hand washing is the best way to prevent spread of infection.
6. If your child is sick (coughing a lot, bad runny nose etc.) please keep at home as will most likely result in spread of illness.

Gerry Cullins RN BSN

Important Bus Information

1. **Kindergarten: Students must be met by a parent/guardian at bus drop off** or are delivered back to school. If parent/guardian requests a different person be at the stop, please fill out the [permission to release](#) form.
2. Unaccounted students: If for any reason students are unaccounted for, (missed bus, has not arrived at home, etc.) please be sure to check after school programs, daycare and alternate after school plans *prior* to contacting Transportation at 425-408-7900.
3. Bus stop change request forms are online: [Transportation Forms](#). All request (except safety) are reviewed in late September.
4. *Note:* Board Policy 8100 allows students to walk 1 mile to bus stops or school IF conditions are safe ([guidelines](#))
5. Bus Pass: All passes are issued from the school main office. Please send a note to school with your child with ALL information: bus stop address, bus, & student riding with.
6. In case of an emergency *ONLY*, please call the emergency line at 425-415-1022. This is the **red** phone and is to be used for emergencies only (ie: lost child).

Cross Country

Thank you to Mitch Zimberg for stepping up to coach Cross Country this fall with the help of Kristen Bero and Lori Brogan. Cross Country is open to all 3rd, 4th, and 5th graders. Practices will be Tuesdays and Thursdays, 3:45 – 4:30 pm. Practices: 9/19, 9/21, 9/28, 10/5, 10/12.

Can you help with the upcoming meet at East Ridge on 9/26? Volunteers are needed to make this meet a success and show our East Ridge pride! Contact Mitch at mitchellzimberg@outlook.com.

Meets: 4:45 – 6:00 pm	9/26 East Ridge
	10/3 Sunrise
	10/10 Cottage Lake
	10/17 Sunrise

RELEASE OF STUDENT DIRECTORY INFORMATION

Northshore schools are periodically asked to share our students' directory information with not-for-profit organizations:

- The District does not release directory information for commercial purposes, but does release this information when there is a legitimate educational purpose
- The items listed under directory information may be released in accordance with the Family Educational Rights and Privacy Act of 1974 (FERPA)
- Under the provisions of FERPA, you have the right to **withhold** the disclosure of Directory Information
- **To withhold directory information, complete and return the ["Permission to Withhold Student Directory Information" form](#)** before **OCTOBER 2, 2017**, to the office.

*****The form must be submitted annually and is due to our office before October 2nd.**

ERPTA NEWS

Meet your new Board!

Presidents: Cassie Curry president@erpta.org

Co-Secretary: Wendy Daily / Courtney Bookwalter Secretary@erpta.org

Treasurers: Mitch Zimberg treasurer@erpta.org

Co-VP Fundraising Stephanie Hennessy/ Terri Kashi vpfundraising@erpta.org

Co-VP Programs: AnnMarie Campbell/Char Bourriague vpprograms@erpta.org

Co-VP Events: Tiffany Dial/ Saran Pomianowski vpevents@erpta.org

VP Communications/Publications: Ghladyst Chia vpcommunications@erpta.org

Emergency Prep: OPEN

Hospitality: Carrie Millar/ Sarah Koehler hospitality@erpta.org

Staff Appreciation: Saran Pomianowski staffappreciation@erpta.org

Membership: Jeff Marshall membership@erpta.org

Enrichment Programs

After school enrichment classes are starting soon! Don't forget to register your student for any of these fun, educational classes:

- Game Design and Coding (grades 3-5) – Use SCRATCH to produce games and animations
- Visual Arts (grades 1-5) – A variety of art skills will be used to create both 2D and 3D works of art
- Little Coders (grades K-2) – An introduction to coding and SCRATCH for our littlest coders
- OverTime Athletics Sports Spectacular (grades K-2) – Kids will get some exercise and have fun with a multitude of different sports and games
- Language (grades 1-5) – French and Spanish will be taught in the school-year long program

Earth Club Work Party

Bring your gloves, rakes, wheelbarrows, and your love of gardening! Earth Club is starting back on Wednesday, September 27th from 2:15 - 4:30 pm.

Contact Flick Chastney at earthclub@erpta.org for more information.



Reflections

Stay tuned for **Reflections** information coming home soon!

Theme: Within Reach

Contact: Kristen Bero at reflections@erpta.org.



**East Ridge PTA
Family Fall Festival**
Friday 29th Sept. 5pm-7pm

games galore
face painting,
tattoos
& tons of
prizes!

music,
cake walk,
entertainers
pizza &
drinks for
sale.

so much
fun for all
the
family!

CHILDREN MUST BE SUPERVISED BY AN ADULT AT ALL TIMES.

These activities are not sponsored nor endorsed by the Northshore School District or any of its schools. The district assumes no responsibility for the conduct during or the safety of the activities. Northshore School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials including attorney's fees and judgment or awards.

DISTRICT NEWS

We live in a global and digital world -- a world changed by technology and new ideas about how we communicate with one another and exchange information. As a result, students must develop the research, information fluency, and technology skills that will allow them to be successful, safe and ethical in this digital world. For this reason, students are provided computer access privileges at school, as well as access to the Internet, email, digital communication and collaboration tools, online learning spaces, and electronic educational resources. These resources, tools, and equipment are essential to teaching and learning. The guidelines for responsible use of these tools are outlined in School Board Procedure 2022P, which can be found here: <https://goo.gl/mPQ1qD>.

Given all of these factors, Parents or guardians still do have the right to terminate their student's access to electronic tools and resources by signing the District Technology Opt-Out form, which can be found at

<http://www.nsd.org/techoptout>. If you do not want your student to use District technology resources, please be aware that your decision to eliminate access to these tools may significantly affect your student's ability to work collaboratively with his or her peers on class assignments and project, and may impact the development of skills necessary to live and work in this increasingly digital world.

Only complete the form if you choose for your student NOT to use District Technology. Return the signed form to your school and schedule an appointment to discuss this with your Principal or Designated School Administrator. After meeting with your Administrator, the Opt-Out request will remain in effect for one school year, and expires at the end of this school year. To keep this Opt-Out in effect, you must complete a new form every school year.

If no documentation is on file, it will be assumed that permission has been granted for access to the Internet, GoogleApps for Education, Online Curriculum services, and other online applications and services that have been selected for use by the District, your child's school, or your child's teacher.

Questions about the Opt-Out request can be directed to your school's Principal.

Threads&Treads

Starting September 6th, Threads&Treads will be open each Wednesday 3pm to 6pm. No referral required.

Want to contribute to this resource? Clothing donations accepted at Canyon Park Junior High main office, 7am to 3pm. Volunteers needed! Contact Eileen Jowell jowelleileen@gmail.com, or 425-478-7917.

Threads&Treads is a free clothing bank located in Bothell at Canyon Park Junior High School. Northshore families in need of clothing assistance may shop once a month for 3 outfits, shoes, jackets and accessories. **¡El horario de Hilos y Pasos ha cambiado!**

A partir de 17 de agosto Hilos y Pasos estará abierto todos los Miercoles de 3-6pm. No require ser referido.

¿Quieres contribuir a este recurso? donaciones de ropa aceptadas en la oficina principal de Canyon Park Junior High, de 7 a.m.-3 p.m.. ¡Necesitamos Voluntarios!

Contacto Eileen Jowell, jowelleileen@gmail.com o 425-478-7917.

Hilos y Pasos es un banco de ropa gratis para las familias del distrito escolar de Northshore situado en Canyon Park Junior High School en Bothell. Cada familia puede seleccionar 3 atuendos al mes por cada miembro de la familia (zapatos, chamarras y accesorios.)



CLOTHES FOR KIDS IS A REFERRAL-BASED PROGRAM SERVING SNOHOMISH COUNTY AND THE NORTHSHORE SCHOOL DISTRICT. TRANSFORMING LIVES SINCE 1984.

Opening August 23, 2017

Monday/Wednesday/Friday: 9 am – 12:00 pm

Tuesday/Thursday: 5:30 – 7:30 pm

Clothes For Kids provides school clothing (including socks, underwear, and shoes) to students in our community whose families qualify for free or reduced meals at school. We serve all of Snohomish County and the Northshore School District of King County. *Click here for more information about who qualifies for Clothes For Kids.*

Northshore School District prohibits *discrimination on the basis of* age, sex, marital status, genetic information, sexual orientation including gender expression or identity, race, creed, color, national origin, honorably discharged veteran or military status, or the presence of any sensory, mental, or physical disability or the use of a trained dog guide or service animal by a person with a disability, unless based upon a bona fide occupational qualification, *in all its employment procedures, training, programs and activities and provides equal access to the Boy Scouts and other designated youth groups.* The following employee has been designated to handle questions and complaints of alleged unlawful discrimination: Jeff Sherwood, Human Resources Director, 3330 Monte Villa Parkway, Bothell, WA 98021, (425) 408-7606.